

Chenango Valley Central School District 221 Chenango Bridge Rd. Binghamton, NY 13901 Non-Profit Organization U.S. Postage PAID Permit No. 237 Binghamton, NY



Community Night is a fun family tradition at CV Successful event raises funds for post-prom party



Believe It! Achieve It! At Chenango Valley where Warriors Excel!

DIRECTORY

...www.cvcsd.stier.org Website. CV School District Main Number... . 762-6800 ication .722-5474 Abbey Jr., President. .237-0263 relio. .760-9605 Carr. .648-6061 Stuart W. Elliott, Vice President John Hussar.. .773-8196 Terrence M. Kane. .648-4499 Joel Luchun.. .722-1589

- Business Executive Elizabeth Donahue......762-6803 District Clerk Susan Cirba......762-6812 Newsletter & Website

<u>Schools</u>

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Health Office76	52-6911
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May 6 - Board of Education Candidate Forum, 6 p.m., HS Library	Board of Educ Gerald G. A
	Gerald G. A
	Jason Aure
	Stephen Ca

May 11 - Budget Hearing, 6 p.m., Library

May 19 - PUBLIC VOTE, 12 to 9 p.m., HS Auditorium

May 22 & 25 - No School, Memorial Day weekend

June 16-24 - Regents Exams

Important Dates to Remember

June 26 - Graduation

CARDBOARD BOAT RAGE

It was another wet and wild event at the Middle School as 52 students competed in the annual Cardboard Boat Race. Students had to create a boat using only cardboard and duct tape, and navigate it across the pool and back. It was a great science & physics lesson and a lot of fun.





OUR MISSION We inspire, engage and empower all students to achieve their full potential.

April 2015

CV Theatre Guild does it again "The Music Man" wows audiences

The Music Man was performed on March 20-21-22 and it was certainly "somethin' special"? What a GREAT show! BRAVO to our students' dedication, perseverance and resiliency. It is amazing! The energy and enthusiasm was very evident on the CV stage

Planning started six months ago. The talented cast, students and some staff members, began to study their lines, songs, dance steps and rehearsed nightly for 3 months. Many of the cast and crew built and painted sets on weekends and learned how to operate the light and sound systems. The very efficient crew team worked hard learning set placement for smooth transitions of the scenes. Add in academics, sports, music adjudications and performances, full-time jobs... getting to performance weekend is always a unique and remarkable juggling act.

We extend special thanks to many outstanding, dependable and hardworking people: our CV staff who volunteered on and off stage, and in the orchestra pit; and the custodial staff who helped us so much over these past months; the many parent volunteers who assisted in a variety of ways by contributing countless hours of work - TEAMWORK at its best!! This production would not have been possible without them all. It's been wonderful to work with so many great people!

Thank you CV community, parents, and friends for supporting the Performing Arts.

Photos by Donald Kunkel

Carole Stanley & Elaine Pierce



High School

Albert Einstein (Sam Hatton) wins March Madness history competition

The buzz in the high school hallways wasn't Kentucky vs. Hampton, or Cincinnati vs. Purdue. At CVHS, March Madness speculation is more about Aristotle vs. Paul the Apostle, and Albert Einstein vs. Genghis Khan.

In a voluntary afterschool event created by social studies teacher Mrs. Haskell, students speaking as an important person in history had three minutes to convince a jury that they were more influential than their opponent.

The event, called March Madness/History's Search for the Most Influential Person, was set up in brackets like NCAA basketball, with winners in each round advancing to the next bracket. Beginning with Round 2, jury members (rotating panels of teachers and seniors) could ask a question, and each speaker could ask their opponent a question.

A total of 45 students participated, portraying 31 different historical figures. (Some worked in pairs.) Many spectators attended the afterschool event and many more kept track of the bracket updates posted after each round on a large banner outside the cafeteria.

After whittling the competitors down to two, Sam Hatton as Albert Einstein and Sarah Trick as Aristotle, the championship round was held March 23, with Sam Hatton being declared the winner.

CVHS student is archery standout Billy Aswad places 7th in national competition

Sophomore Billy Aswad recently placed 7th out of 225 youth ages 15-17 in the National Indoor Archery Association competition held in Louisville, Kentucky. Billy has also been inducted into the National Field Archery Association fellowship of Robin Hood for splitting an arrow! He practices locally at Insight Archery in Binghamton. He plans to compete in the national tournament

next year in Las Vegas.

Nice hats!

Students in Mrs. Terwilliger's fashion class recently modeled the fleece hats they made as part of a class project.







High School



Terry Heller, principal CV Senior High School

As the weather begins to turn warm and the sun shines on Chenango Valley, students will get anxious to go outside and break free from the cabin fever they have been dealing with for the past several months. Students will want to wear their summer clothing to school.

All students must be reminded of the Chenango Valley dress code which states: "A student's dress, grooming and appearance shall recognize that objectionable or immodest clothing is not permitted." This includes but is not limited to extremely brief garments such as tube tops, net tops, low necklines (front and/or back), see-through garments, "spaghetti" strap and bare mid-tops. Shorts must come down on the leg to the lowest point where the arms hang down by the sides. Clothing must ensure that underwear and cleavage are completely covered. Thank you for your attention to this matter.

When the weather turns warm, students start to think about summer vacation. Before we know it, the end of the year will be here. If your child is struggling in a particular subject, **NOW** is the time to get help. Don't wait until June to address the problem. Have your child take advantage of our staff during the day and during remedial periods for extra help. Putting in quality time and effort now through June will make the final exams much less intimidating. Please impress upon your child to make a strong final push to finish the year doing their best!

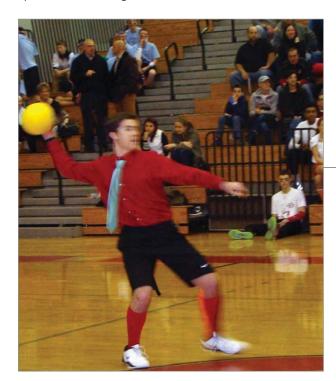
Feel free to contact me if you have any questions.

- Terry Heller, HS executive principal

Dodgeball Tournament provided fast-paced fun for all

The fourth annual CVHS Business Club Dodgeball Tournament was a huge success. Eleven teams including 104 students battled it out on February 27. A huge crowd cheered on The Dunkin Run team as they emerged from the loser's bracket to claim the championship. Members of the winning team were: Cole Mace, Jenna Simons, Kerri Kunkel, Kyle Briggs, Mark Mullins, Nick Pert, Caleb Hertzog, Tanner Beagell, Bailey Raker, Max Telfer and Asaad Murreld, Chase Page and Nick Ostrum.

Special thanks to Sgt. Matthew Tullis, CV teacher Matt Ferraro, CV alumni Josh Hundley, and John and Paul Kopalek for officiating.





District News

Message from the superintendent

Dear CV Community,

Spring is finally here, which means it won't be long before we are wrapping up the school year! We are already preparing for 2015-2016 by developing a budget that allows us to maintain existing programs, add STEM and other enrichment opportunities, with a spending plan our community can support.

By the time you receive this publication, we will have completed our series of budget workshops in preparation for the public budget vote on May 19. Detailed information presented at these workshops can be found on our website, <u>www.cvcsd.stier.org.</u> You will also be receiving a separate mailing with all pertinent budget and tax information after the CVCSD Board of Education adopts a final budget proposal in late April. Most importantly, if you have any questions, please contact me at 762-6810, or our Business Executive, Mrs. Beth Donahue at 762-6813.

We are also awaiting the State Education Department's approval of Phase I of our capital project. We anticipate beginning this work July 1, 2015 and expect all phases of the project to be complete by June 2017. I'm sure that the work being done will result in an updated school district that will make our residents proud.

Lastly, I would like to reinforce the importance of good partnerships and relationships between all of us in the CV community. As you listen to conversations within our district or in other districts, I hope you take pride in knowing that you belong to the Chenango Valley community, a family-centered district where we all work together to provide the best educational opportunities for our students.

Please join us as we work toward making Chenango Valley a premier educational institution. Together, let's make CV shine!

All the best to you and your family and we begin to enjoy some warmer weather!

CV well-represented at Odyssey of the Mind competition

Three teams represented Chenango Valley in the regional competition of Odyssey of the Mind at BOCES on March 21, and each did a fantastic job!

The fourth- and fifth-grade team placed fourth overall in their problem category. The team is comprised of Sadie Dutcher, Gabe Wright, Savannah Greenmun, Laini Wood, Emily Goodstal and Dylan McCabe and is coached by parent Jen Greenmun.

The Middle School/High School team placed third in their category and first overall in the spontaneous portion of their problem. Team members include Katy Wood, Morgan Odgers, Trenton Gates, Stephen Gehm, Katie Mach, Noah Stroka, and Brenna King. Team coaches are Chris Wood from Port Dickinson and Amanda Church from the Middle School.

The sixth-grade team, comprised of Zoe Gates, Miranda Rogers, Ethan French, Charlie Beam and Gabe Beam, and coached by Cindy Gates from Chenango Bridge, placed first in their problem. The team will be representing CV at the state tournament this month at Binghamton University.

These kids all did a fabulous job for their first year. They put in a tremendous amount of effort over a four-month period, and we are very proud of them and their coaches for their dedication and commitment to the Odyssey program.

A very special thank you goes out to Chris Wood, Amanda Church and Jen Greenmun for giving so much of your time to help these students become teammates and problem solvers, and for giving them a way to belong to something very special.



David Gill Superintendent

Sincerely, Dande site

David P. Gill Superintendent of Schools

District News

Board of Education President's message



Gerald Abbey

Board President

As I write to you today, New York State Governor Andrew Cuomo and the NYS Legislature have just reached a budget agreement for the next fiscal year. In the 2015-16 plan, Chenango Valley will receive a 5.43% increase in school aid which includes a \$473,740 restoration in funds withheld through the Gap Elimination Adjustment (GEA). Given the significant challenges New York's public schools have faced over the past several years, this is certainly encouraging news.

One of the most difficult issues NYS school districts have faced is the loss of state aid through the GEA. Implemented as a temporary measure to help close New York's budget deficit, the GEA deducts funds from state aid originally promised to school districts. Since the GEA law was first introduced for the 2010-2011 fiscal year, Chenango Valley has had \$9,855,850 withheld from state aid. This translates to approximately \$5,797 per student -- money we will not get back. While the state's new budget restores some GEA reductions, aid lost due to GEA in prior years will not be recovered.

In addition to the loss of funding through the GEA, school districts continue to face the challenge of unfunded state and federal mandates. Governments impose new requirements for programs, services and the reporting of data, and school districts are forced to absorb the costs associated with meeting these requirements. For mandates that do come with additional funding, the initial money provided is often phased-out, leaving the district to pay the cost in the long-run.

It is also important to recognize that inequities in school aid formulas that favor more affluent areas of the state continue to plague our system and must be addressed.

Given the tremendous impact these issues have on our bottom line, Chenango Valley has done a remarkable job of maintaining our staff, programs, services and facilities. Through prudent use of reserves and fund balance, we have been able to keep, and even enhance, the high-quality education we provide to our students.

Despite these challenges, please be assured that we are preparing a 2015-2016 district budget that is fair and reasonable, and acknowledges the burden shouldered by our taxpayers.

Above all, we continue to focus on our mission: to inspire, engage and empower all students to achieve their full potential. Our students, our family and our community deserve nothing less.

From the special education department

Happy spring! The special education department and related staff have been busy preparing for programs and services for the 2015-16 school year. While we are in full force with annual reviews, we will continue to have these meetings through June. Please note: if you have any guestions or concerns, feel free to contact our office anytime at 762-6830. We are always happy to help.

Tara Williams Whittaker, Director of Special Education twhittaker@cvcsd.stier.org

Emily Nickerson, Special education secretary

Jean Canfield, Special education secretary

Meet school board candidates May 6 at 6 p.m. in the High School Auditorium

The public is invited to meet the candidates who are running for the three open seats on the Chenango Valley Central School District Board of Education at a candidates forum scheduled for 6 p.m. Monday, May 6 in the Middle/High School library.

Candidates will have an opportunity to provide a brief statement, and will be asked questions in order to help voters make an informed decision about the candidates.

Have you completed a CVCSD census form?

The district has been conducting a census over the past year in order to update our mailing list and family records. All residents are asked to complete the census, regardless of whether you have children attending our schools.

If you have not yet completed a census form, please visit our website: www.cvcsd.stier.org and submit the online form, or contact the district office to request a form. Over the next few months, we will be contacting or visiting households that have not yet completed the census.

Middle School

Our Students of the Month "CARE" about CV: C-Citizenship A-Attitude R-Responsibility E-

Student of the Month - February 2015

Red Team Madison Aswad **Kyle Ferris**

Gray Team **Brianna** Yang Darin Dupuy

White Team Cita George Katherine Regan



Front Row: Kyle Ferris, Katherine Regan Back Row – Darin Dupuy, Brianna Yang, Cita George, Madison Aswad

Student of the Month - March 2015

Red Team Julia Morgan Maxwell Reppart

Gray Team Jeffery Rice Mallorie Turner

White Team Kaitlyn Hardler Jacklyn Hardler



Front Row: Jacklyn Hardler, Julia Morgan Back Row – Kaitlyn Hardler, Mallorie Turner, Jeffrey Rice, Maxwell Reppard

Natalie Lehr selected for leading dance program

CVMS eighth-grader Natalie Lehr has been selected to participate in the New York State School of Dance this summer at Skidmore College, the nation's leading dance college. Natalie auditioned at the Syracuse Stage in February as one of the 5 regional audition sites. The NY School of Dance takes 35 dancers from all of NY who are in grades 8-12. She will spend four weeks this summer at Skidmore learning chorography, dance history, and taking dance classes.

Natalie placed second at the USA Dance nationals this past July in the Solo category. She attends classes at the Dance Connection.



Middle School



CV Middle School

Thank you to all the parents and MS/HS guidance department staff who attended the eighth to ninth grade transition program and eighth-grade Information session on Feb. 6. Mrs. Sampson, Middle School counselor, has been meeting with eighth-grade students to explain the scheduling options for their freshman year.

The Fifth Annual Cardboard Boat Race held on March 13 was a complete success. We had a total of 52 cardboard boat teams with 131 students participating in the event. Special thank-you goes to our science teachers, Mrs. Bigelow, Mrs. Dutter and Mr. Staiger for their work with students in this major undertaking.

Here are the results of the race:

1st place – Anthony Forbidussi, Shane Ladd, Vinny Rogers and Ryan Wardell, with a time of .52 seconds – a new CV cardboard boat race record.

2nd place – Morgan Jones, Carly O'Brien and Sara Bozuhoski, .59 seconds

3rd place - (tie) - Erin Skinner, and the team of Brittany Kropp, Jayna Ross and Christy Ross, 1.00 minute

Congratulations to the MS Drama Club for their outstanding performance of Montana Jones and the Gymnasium of Doom, Friday March 27th. Thank you to Mrs. Jones for her outstanding direction and the cast and crew for the wonderful show.

By the time that you receive the Newscaster, we will have already taken the NYS ELA exams on April 14, 15 and 16. The NYS math exams will be given on April 22, 23, and 24. Make sure your son/daughter prepares for the exams, and gets a good night sleep and eats a healthy breakfast before each exam . A light snack will be served to all students before the exams, courtesy of the Middle School. Thank you for your continued support of our middle school staff and programs! As always, any questions, please feel free to contact the individual classroom teacher by emailing them using their first initial, last name (up to 8 characters) @cvcsd.stier.org or myself at attleson@ cvcsd.stier.org. You will also find a middle school staff directory on our website, www.cvcsd.stier.org, or follow the Middle School on Twitter @CVMSWarriors.

- Eric E. Attleson, Middle School Principal

Important upcoming dates in the Middle School:

Thursday, April 30 – MS Jazz Concert – Auditorium 7 p.m. Wednesday, May 13 through May 15 – 8th Grade Washington DC trip Wednesday, May 27 – NYS Science performance exam – 8th grade Monday, June 1 – NYS Science written exam – 8th grade

Cardboard Boat Race winners



1st Place - I-r: Vinny Rogers, Shane Ladd, Ryan Wardell, Anthony Forbidussi



2nd Place - I-r: Carly O'Brien, Morgan Jones, Sara Bozuhoski

District News

A stellar performance for Middle School Drama Club

Under the direction of Mrs. Crystal Jones, the MS Drama Club recently presented an outstanding production of "Montana Jones and the Gymnasium of Doom."



Kids' Night Out

Children had fun and the girls softball team gained some experience leading little ones in a recreational league during the Kids' Night Out program held on Thursday evenings in February and March. The program was a fundraiser for the softball team.



District News

Transition Update Effective September 2015: grade 3 moves to Chenango Bridge, grade 6 moves to the Middle School

Along with the excitement of moving entire grade levels from building to building comes a great deal of work. All of our administrative and building-based transition teams have been hard at work planning for next year's moves. Additionally, our maintenance and transportation staffs are implementing plans of action as well.

Once the Board of Education voted to support the transition of sixth grade to the Middle School and third grade to Chenango Bridge at the December meeting, we began finalizing staffing moves, room changes and the plan for the physical classroom moves. Building teams are creating schedules with transition concerns in mind and planning year-end activities and transition orientations. Staff that will be moving will be meeting in their new buildings for orientations on procedures, curriculums and expectations. Our maintenance crew will be extremely busy physically moving grade level items from building to building beginning in mid-June. The Transportation Department is working on plans for next year's schedule of busing. Busing information will be mailed home in the summer as usual.

Our next public transition meeting will be held on April 21 in the High School Cafeteria at 6:30 p.m. Parents and community members are always welcome to attend. Also, please feel free to email us directly at <u>slatimer@cvcsd.stier.org</u> and <u>tivan@cvcsd.stier.org</u> with any questions, concerns or comments that you wish to share.

Interact Club students serve at community dinner

Several members of the CVHS Interact Club volunteered along with members of the Hillcrest Rotary Club to help serve at a recent community dinner at United Presbyterian Church in downtown Binghamton. The Interact Club provides students with opportunities to participate in community service projects, often in conjunction with the local Rotary Club.







Elementary - Chenango Bridge

Poetry Recitation

Thirty students showed their poise and creativity as they recited their favorite poems at the annual event. Winning students will recite at the Eleanor Henricks Countywide Poetry Recitation later this month.



CB Chess Clubs wildly popular

Two afterschool chess clubs - a beginner and an advanced group - have become a hit at Chenango Bridge. Over 60 students participate under the guidance of teacher aide Mr. Hazilla. Below right, students help Mr. Hazilla fill in results of their March Madness competition.





Elementary - Chenango Bridge

Readers fill canoe with book donations

The Reading Promise coordinators teamed up with Port Dickinson's PARP program to "Fill the Canoe" with gently used books for PD's book exchange day.

Each Chenango Bridge student who donated a book was given a gift certificate from Hoopla!

Pictured at right are students from Mrs. Vesci's class who donated books -- Logan Lomonaco, Kate Hope, Tyler Norton, and Trevor Cortright.

Our CB kids did a great job filling that canoe to help our reading friends at Port Dickinson! Together, we're building a lifetime love of reading.

Thanks to all students and families who donated books for this project.





CV grad & Philly firefighter returns to march in parade

Jonathan Stanley, a 2010 graduate of CVHS, recently returned home to march in the Binghamton St. Patrick's Day parade.

Jonathan is a member of the Philadelphia Police & Fire Pipes & Drums. He plays his trumpet for many of the services for fallen firefighters and any other formal ceremony that occurs within the realm of the firefighters of Philadelphia. He occasionally plays at private funerals.

He is a full time professional firefighter with the city of Philadelphia and he has even had the experience of delivering a baby!

Thank you, Jonathan, for your service.

Share your alumni story ideas

Do you have an interesting story about a Chenango Valley High School graduate? Send your Alumni News information to:

> Linda Snyder, Communications Coordinator **Chenango Valley Central Schools** 221 Chenango Bridge Road Binghamton, NY 13901 LSnyder@cvcsd.stier.org

The aliens have landed in Mrs. Clark's class

Mrs. Clark's science classes brought in handmade "aliens" from different planets and held a little party during each class to celebrate the new visitors.

In order to create their aliens, students had to research the planet where their alien lived and then to designed the alien with the appropriate characteristics needed for survival in that environment. The students visited each alien and read the creature's "passport" that provided details about the alien.



It was a fun project that combined science with art, and it was a great way to learn from each other.









Nick Deuel, Class of 2004



Jonathan Stanley, Class of 2010

Tracking fox is grad's master's degree project

CVHS Class of 2004 alumnus Nick Deuel graduated from the SUNY College of Environmental Science and Forestry, and received a full scholarship to complete his master's degree at the Warnell School of Forestry & Natural Resources at the University of Georgia.

Nick is doing research at the Joseph W. Jones Ecological Research Center in Ichaway, Georgia and is also a graduate assistant. His project is entitled "Seasonal movements and habitat selection of gray foxes relative to prescribed fire and hardwood removal."

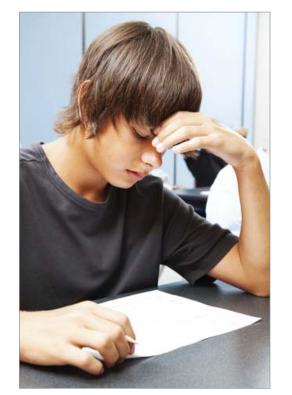
He traps, collars and follows the animals' movement using GPS systems.

Guidance News

Spring brings state testing...and test anxiety

Test anxiety is a reality for students in middle school today. As a parent, you want to help your child succeed in school and life. It's important to help students identify what they are feeling and give them the tools that will help them manage the emotions such as anxiety, self-doubt, anger or frustration. Here are some general tips to help your child decrease their stress and test anxiety.

- 1. Reinforce the idea with your child that no one is perfect. No student will know all the answers to every test they take. The desire to be perfect can be a big part of test anxiety. When a child starts trying to be perfect it can lead to guilt or panic.
- 2. Teach them positive self-talk. Work with your child so they can tell themselves at the beginning of the test, "I am prepared for this test. I may not get all the answers right, but I can do my best." The positive self-talk goes a long way towards reinforcing a feeling of calm and control.
- 3. Make sure your child gets enough rest the night before the test. Big tests require a lot of energy and stamina to be able to focus for several hours. Make sure they get at least 8-10 hours of sleep the night before the test.
- 4. Do something fun the night before to take their mind off the test, like watch a movie, play a board game or participate in a sports activity. Your child's mind and emotions will be more relaxed in the time leading up to the test.



5. Try to eat a healthy breakfast the morning of the test. A child's brain needs a lot of energy to maintain focus on a big test for several hours. Eat a hearty and healthy breakfast, including complex carbohydrates and protein to make your energy last as long as possible. Foods such as eggs, cereal and whole-wheat toast help energize your brain to think more clearly.

In preparation for the ELA and math tests, staff at CVMS have been introducing students to new and different ways to manage any stress, anxiety and/or negative thoughts related to test taking. A number of students have participated in lunch sessions where they have learned different relaxation strategies and built cognitive capacity all while building connections with their peers.

In addition, Ms. Ann Szymaniak will be working with students to integrate the power of deep breathing with positive self-talk. The students will learn, and we encourage you to practice with them at home, the following 1-2-3 Succeed strategy.

- 1. Stand in Mountain Pose (Tadasana)
- 2. Take 3 Mindful Breaths
- Please repeat this... 3.

I Am Strong!

I Am Bright!

I've Got This!

Standardized tests and other tests will be part of your child's life throughout school. Learning to successfully deal with test anxiety early is a valuable skill for your child to possess. Practicing these tools in advance can help students limit test anxiety and perform even better on their school work.

> submitted by Shelby Samson, MS counselor & Beth Hubenthal, MS social worker

Elementary - Chenango Bridge



Mary Beth Hammond.

Principal

months. Our highlights are as follows:

On March 18 we had our annual "Spring Into Poetry" Recitation. Thanks to Mrs. Carrie Vesci, Mrs. Shannon Reardon and the Poetry Committee for a job well done. Two students from CB will be participating in the Countywide Poetry Recitation on Saturday, April 25.

Many classrooms have been working on limericks, Reader's Theatre and other activities.

Students in Grade 4, from Mrs. Gates', Mrs. Walsh's, Miss Martin's, Mrs. Vesci's, and Mr. Gulbin's classes demonstrated their musical talents with our recorder concerts.

We have completed our third round of Common Periodic Assessments for ELA and math. The data we derive from

these assessments will help us to differentiate instruction and work on strategies to help students be more successful. During April, we will be administering the New York State Assessments in ELA and math. The ELA exams are on April 14, 15, and 16. The math exams are on April 22, 23, 24. Students in grade 4 will also take the science test on June 1. Please make sure your kids are well rested and have eaten breakfast. Food fuels our brains!

An important reminder: cell phones and other electronic devices are not allowed in school. If a student needs to use the phone, he/she can come to the Main Office.

One final upcoming event is our Fantastic Science Fair, scheduled for May 12. More details will be provided soon from Mrs. Beylo.

In closing, thank you for working with all of the Faculty/Staff here at CB. Communication is key to the success. Your support is very much appreciated. Enjoy the beauty of the season of Spring!

CB student recognized for fundraising Jessica Gates has raised over \$5,900 in Jump Rope for Heart

Chenango Bridge fourth-grader Jessica Gates was recognized by the American Heart Association for her outstanding efforts in raising donations for the AHA's Jump Rope for Heart campaign.

Jessica has been raising funds for the campaign since she was a kindergarten student at Port Dickinson Elementary. Port Dickinson physical education teachers Kevin Novotny and Keith Hayes, who coordinate the school's effort, educate their students about healthy hearts and inspire them to participate in the Jump Rope for Heart campaign. Port Dickinson has been the top fund-raising school in Broome County for the past four years.

Now a student at Chenango Bridge, Jessica's personal goal for this year was to raise \$3,000, a goal she surpassed with her final total of \$3,166. When added to her prior years of JRFH participation, her individual fundraising total is \$5,906.

Over the past several years, schools in the Chenango Valley district have raised over \$75,000 for the American Heart Association. Many thanks to parents, families and residents who have donated to help us achieve this milestone.

We have finally made it to spring! What a welcome sight to see the snow almost gone and the grass becoming more visible. We have completed a busy month of March, and will be having many activities during the next few

- Mary Beth Hammond, Chenango Bridge principal



Jessica Gates receives a special certificate from Gina Chapman of the American Heart Association.

Elementary - Port Dickinson Students learn how recycled paper is made



Above left, Kevin Mathers from the Cooperative Extension shows students the liquid part of the paper-making process. Above right, he helps Ciara Anderson, center, make her paper as Karissa Dashnaw observes.

Mrs. Shelepak's class enjoyed a visit from Kevin Mathers of the Cooperative Extension, who showed the students how to make recycled paper. The visit helped students understand more about ways to protect the environment by recycling. Students got to make their own recycled paper, and since it was February, they made red paper for Valentines Day.



At right is a pictured of the finished product as it dries.

Nutritionist teaches about snacks vs. treats

March was National Nutrition Month. Kindergarten and first graders had the wonderful opportunity of having Binghamton University Nutrition Educator Sarah Thompson come to Morning Program and present a lesson on making healthy eating choices. Mrs. Thompson taught the children the difference between a snack and a treat. Snacks are healthy choices such as fresh fruits and vegetables that our body can benefit from. Snacks help the body because they provide vitamins and nutrients our bodies need. Treats are foods that should only be eaten once and a while. Treats are things like cupcakes, ice cream, and cookies. Treats often times contain extra sugars and fats that our bodies do not benefit from.

Mrs. Thompson encouraged the children to choose healthy snacks more often than choosing treats.



Guidance News

HS students learn "Life is a Reality"

Chenango Valley High School seniors experienced a dose of reality and first-hand lesson in financial management at a "Life is a Reality" Expo on March 19.

"Life is a Reality" gives students an interactive, hands on, authentic experience as they learn how to manage their money in real life situations. Each student entered the event with an occupation of their choice, an entry level salary and a check register. Students navigated through 10 "life booths" that simulated real life situations and necessities, such as paying rent, buying a car and paying for groceries. Reality set in guickly in the form of life twists, including the reality of paying for their own cell phones bills and entertainment. The students learned that managing their money in the real world isn't as easy as they may think.

Students prepared for the event in their economic/government classes. The expo, which was held in the HS library, is co-sponsored by Chenango Valley guidance and family and consumer science departments and Visions Federal Credit Union.

Making the move......From high school to college

First year college students will quickly discover that college is very different from high school. There will be new academic demands, many competing and tempting diversions, freedom to go or not go to class and many other exciting opportunities. There is a lot to know and even more to do.

How can new students be sure that they are getting off to the best start possible? There are so many resources available to students that they need to take advantage of. Get to know your academic advisor, resident advisors, and faculty members. Take advantage of the career/counseling center, speak to other students and ask for assistance. Building relationships can make the difference between students who "survived" and those who "thrived" during college. Here is some advice from current college sophomores and juniors at the University of Rochester:

- Don't worry about how people around you are doing –just focus on doing the best you can
- It's OK to say "no."
- You don't have to know everything now.
- No one will wake you up in the morning. •
- Take an art class.
- Trust yourself.
- School IS a full-time job.
- Take a study skills course even if you don't think you need one!
- Visit your professors during their office hours.



submitted by Karen Mullins

submitted by Judy Hayes

Athletics

Winter 2014-2015 Academic All-Stars



★ Girls Basketball

Boys Basketball

Girls Bowling

★ Girls Bowling ★ Boys Swimming

Section 4 Class B

Divison Champions

STAC East Champions Wrestling

State Qualifiers

Gavin Brown - Bowling (scored a 300!)

Varsity Girls Bowling Team

Caleb Wiggins - Wrestling; Indoor Track-see below

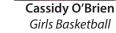
Owen Klepfer

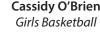
Boys Basketball

Karl Grunder-Swim

Reed Grunder-Wrestling Jestin Russell-Wrestling Caleb Wiggins-Wrestling







Trevor Hope

Indoor Track

55m dash

4x200m relay





Ciara Sherling

Indoor Track



Breanna Nowetner Girls Bowling



Malori Meddleton Cheerleading



Nick Pert Wrestling

Elementary - Port Dickinson

Dr. Seuss Day

We celebrated Dr. Seuss' birthday with a super-fun morning program put on by Mrs. Peters, school social worker, and teachers Mrs. Huyck and Mrs. Mercik who taught students the lesson from Dr. Seuss that no one is "you-er than you."

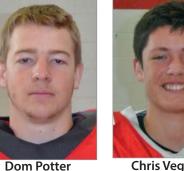






Chris Singleton 55m dash 4x200m relay 300m dash

Indoor Track State Qualifiers



Chris Vegiard 4x200m relay



Trevor Hope 4x200m relay



Andy Cronin 1000m run





Alexa Attleson 1000m run





Ciara Sherling 600m run

Rudy Cen Boys Swimming

"You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose."



You're mountain is waiting. So...get on your way!"





and Pajama Day



Elementary - Port Dickinson



Jim Pritchard, principal, Port Dickinson Elem

We hope that all of you had a nice spring break. We are now entering the fourth guarter of school and as usual, it will fly by with all kinds of activities in and out of school.

I cannot stress enough how important our PTA and parent volunteers are to Port Dickinson and Chenango Bridge Elementary Schools. PTA parents volunteer their time and energy to put on special events and activities for our children here at Port Dickinson. They bring in outside performances, organize the father-daughter and mother-son dances, help with our Santa's Secret Shop, organize activities for PARP program and help put on our Field Days. Our PTA also brings in authors from around the country to talk to our students about writing and illustrating books. The PTA volunteers also hold fundraisers to support these events and activities. Please remember that in order to have a strong and healthy PTA, we need parents to participate. Please consider helping out next year by joining our group. It is a great group to work with, and it is so rewarding when you see all the smiling faces after an event sponsored by the PTA.

Finally, I would like to congratulate Mr. Novotny and Mr. Hayes for their success with a program called Jump Rope for Heart. In conjuction with a unit in Physical Education class called Healthy Heart, Mr. Novotny and Mr. Hayes encouraged their students to raise funds for the American Heart Association. This year, Port Dickinson was the top fundraising school in the area, with our students raising over \$15,000 dollars for the American Heart Association. Congratulations!

Again this is a busy time of year for both parents and children. Please remember it is very important to maintain consistency for your students.

- Jim Pritchard, Port Dickinson principal

Pizza for the most jump-ropers

Mrs. Shelepak's class were all smiles as they enjoyed a pizza party during lunch recently for having the most participation in the Jump Rope for Heart program at Port Dickinson.

Great job, Mrs. Shelepak's class!



Cozy Toes Sock Drive nets 488 pairs!



PD ran our 13th annual "Cozy Toes Sock Drive" during February. This year, students and staff donated a total of 488 pairs of warm socks for children and adults.

The need for warm socks and the sock collection itself were discussed with students during their Morning Program, which takes place twice during each six day cycle, for grades K-3. Last years' sock drive brought the total pairs of socks collected to just over 5000 since the first Cozy toes Sock drive in 2003. That's a lot of cozy toes and warm feet!

With the 2015 drive, we are on our way to 10,000 pairs of socks... some day! The donated socks are given to Port Dickinson students as well as the Nearly New Shop in Binghamton, which gives them to those in need in our area. Second-grade students pictured are Devin Atkinson, Sarah Chong, Jacob Rackett, Bayleigh Mulrooney, and Dylan DeFilipps. A warm thank you to all who have helped, especially retired CV Art teacher Nancy Evangelisti who was instrumental in the success of many sock drives from the very first year through her retirement in 2014.

Athletics





Mark Mullins **Boys Basketball** ★ All Conference

Jake Hertzog Boys Basketball All Division



Bowling

Caleb Wiggins

Wrestling

All Division

★ Division CHAMPION

★★State Qualifier

Breanna Nowetner Gavin Brown Bowlina All Division All Division ★ ★ State Qualifier

Brenda Barry Bowling All Division

All Division



Jake Lehr Wrestling All Division



Cora French Indoor Track ★★ State Qualifier



Reed Grunder Wrestling All Division ★ Division CHAMPION

Boys Basketball Asaad Murreld

Girls Basketball

Olivia Trumino

Devon Buckland

Boys Bowling

Girls Bowling Brenda Barry

Winter 2014-2015 Team All-Stars







Maggie Gross Girls Basketball All Division



Kyra Heatherman Bowling ★ All Conference



Alaena Sullivan Bowling ★ All Conference



Karl Grunder **Boys Swimming** ★ All Conference ★★State Qualifier



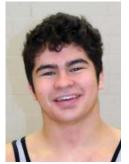
Luke Dionne **Boys Swimming** All Division



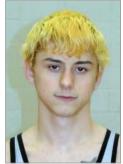
Michael Schultz Boys Swimming All Division



Nick Pert Wrestling All Division



Jestin Russell Wrestling All Division



Billy Liberati Wrestlina All Division

Sportsmanship Award

Cheerleading Meg Subik

Indoor Track Dan Reppard Cora French

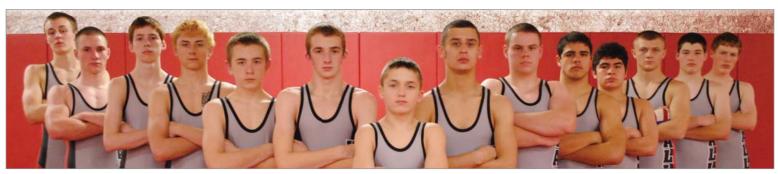
Boys Swimming Matt Igo

> Wrestling Jestin Russell

Spirit Award

Cheerleading Kayla Robinson

Athletics



CV Wrestling Season Highlights

Chenango Valley wrestlers finished the season with an 18-8 record and the STAC East Division title -- the first in school history. The team won the Bulldog Invitational championship and the CV Duals championship, and was selected for the Section IV Dual Meet tournament.

Our wrestlers placed second at Snowed Out Duals, third at the Central Square Duals and third in the Class B sectionals. CV wrestlers also placed fifth in the Section IV DII tournament. The team, coached by Greg Lehr, ranked #24 in New York State and ranked #7 in Section IV.

Exploring different activities in P.E. class

Chenango Valley students are fortunate to have opportunities to try a variety of sports and activities through our physical education program. At CV, we're not limited to jumping jacks and shooting hoops. Below are shots of our Middle School students enjoying rock wall climbing, snowshoeing and cross-country skiing. We believe it's important to expose our students to many different activities in





Arts & Music

Luke Dionne wins Arts Council award



Congratulations to senior Luke Dionne, who won the Originality Award at the Broome County Arts Council Congressional High School Art Competition held in Binghamton.

Luke's powerful image of a troubled soldier, titled "Invisible Wounds", is on display at the BCAC gallery in the Terra Cotta restaurant in downtown Binghamton.

Advanced Instrumental Music students perform at Oakdale Mall

Eighth-graders in the AIM Band program played a concert at the Oakdale Mall recently as part of Music in Our Schools month. Mrs. Karla Jensen is band director.



4th graders learn to play recorder



Music teacher Mrs. Angela Carpenter recently encouraged her fourth grade students to learn to play the recorder. Students gave up their free time during recess to learn the instrument, and they performed two concerts at the school in March.

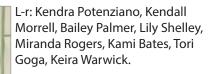
Arts & Music

All-County Elementary Chorus



All-County Elementary Band

L-r: Madison Arnold, Madeline Selby, Lilian Shelley, Matthew Hensel. Missing from photo: Bridgette Turner.



Missing from photo: Bridgette Turner.



~ SPRING CONCERTS ~ April 28 - Chenango Bridge Jump into Spring Concert 7 p.m. at CVHS April 30 - High School Jazz Night 7 p.m. at CVHS May 7 - Middle School Spring Concert 7 p.m. at CVHS May 13 - High School Spring Concert 7 p.m. at CVHS

June 3 - Ice Cream Social 6:30 p.m. on the lawn

* Bottles for BaCH Collection at each of our concerts.* Please bring your returnable bottles and cans to donate to BaCH, which supports our music programs. Collection bins will be at the entrance to each concert.

Athletics



Greetings from the CV Athletic (Booster) Club! With two sports seasons behind us, we are looking forward to our spring sports – and nicer weather!

The CVAC continues to support our CV athletic community. Our memberships and fundraising have helped us support various teams throughout this year and most recently provided a fan bus to Colgate to support our boys basketball team. Over 50 students made the trip on the bus! We appreciate all who help us raise the funds needed to be an important part of CV athletics.

The major fundraiser this year was our Superbowl fundraiser. Thank you to all who participated. Those proceeds are allowing us to contribute to the athletic updates the district will be beginning in the near future. The fundraising will also allow us to continue giving our annual award to four seniors.

The <u>www.cvwarriors.com</u> website has been up and operational and continues to add new content. Please go to the site and offer any feedback.

Our annual business meeting will be held at 7 p.m. May 4 in the HS library resource room. Annual elections will be held that night. Please contact one of our board members, or me, with any questions and how to get your name on the ballot for one of the positions. All positions are open, as they are a one-year term.

Our monthly meeting attendance is beginning to grow! Please come and join us at our monthly meetings. We meet the first Monday of the month at 7 p.m. in the HS library resource room. And it's never too late to become a member. Come to one of our meetings and join on the spot!

A big thank you to all of our clubs/volunteers who staffed the winter concession stand. And to those who coordinated!

Mike Distin, CVAC President

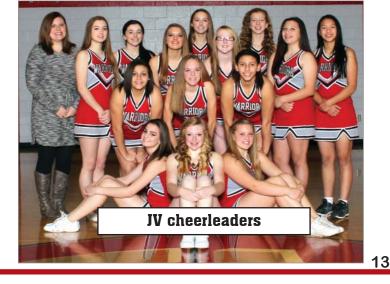
Cheers to the Chenango Valley cheerleaders

Congratulations to our varsity cheerleaders! The squad placed second at the NYSPHAAA Cheer Invitational, first at the Elmira College competition at thrid at the STAC competition.

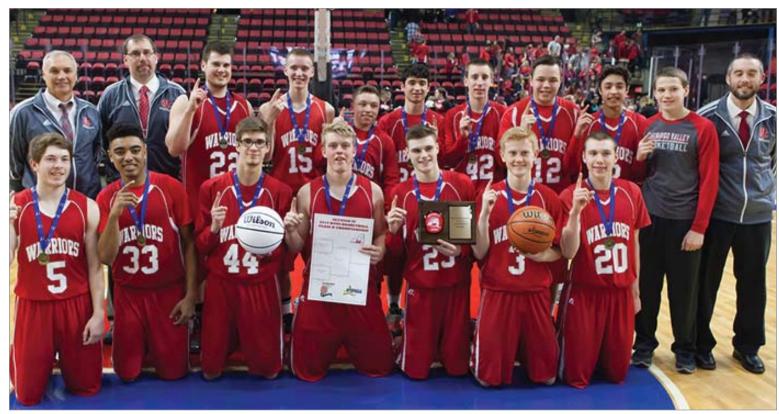


Our junior varsity cheerleaders had a great season, placing first at the Elmira College ompetition and second at STAC. Congratulations, girls!





Athletics



Boys varsity basketball wins Section IV Class B title

Congratulations to our boys varsity basketball team for an outstanding season! The team clinched the Section IV Class B Championship with an exciting win over Whitney Point at the Broome County Veterans Memorial Arena. Next, they faced a challenging game against Westhill High School in the Class B quarterfinals at Colgate University. Though their season ended with that game, the team provided us with tremendous excitement and Warrior Pride!

Athletics

Senior Chelsea Henige signs scholarship letter of intent

Congratulations to senior Chelsea Henige, who recently signed her letter of intent, indicating her acceptance of a scholarship to SUNY Albany, where she will join the Great Danes softball team. A a signing ceremony March 20, Chelsea was joined by her parents, teammates, friends and coaches, who were all smiles as Chelsea made it official. Athletic Director Brad Tomm expressed his admiration of Chelsea's dedication and effort to always give "100 percent."



Chelsea Henige poses with her parents, CV Athletic Director Brad Tomm, and Eric Coleman, girls softball coach.

Boys form volleyball team for tourney

2015 Section IV Boy's Volleyball Tournament was held at Johnson City High School. This was the first-ever boys team from Chenango Valley to compete in this one day event. The boys came in 6th out of 13 teams to play that day. It was fun time had by all involved.

Danny Taubar, senior, ranks 3rd in NYS for gymnastics

Senior Daniel Taubar competed in the 2015 New York Men's State Gymnastics Meet held at the Lou Gross Sports Center, United States Military Academy in West Point, NY on March 20. In his category of Level 8, 15–18 year olds, on individual events he placed:

1st on floor exercise, 1st on still rings, 2nd on pommel horse, 2nd on high bar, 3rd on vault and 5th on parallel bars.

He ranks 3rd All-Around in New York State! This was his last competition. Daniel participated in gymnastics for 11 years and has won an abundance of medals and trophies throughout his years. He currently coaches younger boys in the sport, and plans to pursue a career in physical education & exercise science.



Danny Taubar ranks third in NYS All-Around gymnastics.



Front row, I-r: Nick Pert, Jake Hertzog, Coach Edwards, Connor Harvey, Tanner Beagel, Bobby Gross. Back row, I-r: Brian Cox, Harold Jones, Kolby Ross, Christian Hart, Mark Mullins, Owen Klepfer, Caleb Hertzog, Jaren Moss, Cole Mace, Chris Vegiard, Chris Singleton.

Chelsea's proud father looks on as she signs her official letter of intent.